

COVID 19 RISK ASSESSMENT - THE FLOATING ROOM

Guidance taken from: <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html> and https://www.floatation.org/blog/fta-covid-19-sanitation-procedures?fbclid=IwAR3rKKns7X0OZD4zB7OUc0cU2mO0K-Tlx2A53KjDQexVtQow4g_MrawEH5w and <https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings> and Ocean Float Rooms.

HAZARD: Spread of COVID - 19

WHO MAY BE HARMED: Myself and all customers

CONTROLS REQUIRED:

Promoting actions which prevent the spread of COVID 19.

Handwashing to be encouraged. Poster above sink with hand washing technique guidance added. Alcohol hand gel available on entry. Soap available above sink.

Effective handwashing before and after all massage treatments.

Masks available on entry. Masks to be worn at all times when 2 meter social distancing is not possible. When more than 2 meter social distancing is possible, masks to be used if requested by customers.

During massage treatments,

Email 24 hours prior to appointment to advise not to visit if customer has any COVID 19 symptoms. All customers to be asked if they have any COVID 19 symptoms prior to using the flotation tank. Advice in email about what to do if they do have COVID 19 symptoms in relation to self isolating.

Maintaining a safe environment

1 hour will now be left in between appointments to allow for COVID secure clean as described below.

Using advice from the Float Tank Association, after each float the door to the flotation tank is left open and no one enters the tank of shower room for 15 minutes. After this, the interior of the tank is cleaned with a 1.5% hydrogen peroxide solution. Entire

shower area including floors and walls and touch points to be cleaned with a disinfectant solution at a dilution of 1,000 parts per million available chlorine. . Follow manufacturer's instructions on how to use disinfectant.

Make a one to one swap with earplugs between customers and disinfect between use.

Filter changes once a week.

Bromine and Ph to be checked and documented between each customer. Ph to be kept as close to 7.2 as possible and bromine above 2ppm.

All touch points in the waiting room including sinks, toilets and door handles cleaned with at 60% alcohol wipes between customers.

Ventilation

Where possible encourage air flow by opening windows and doors.

Water systems

Clean water dispenser and glasses with boiling water each day. Encourage clients to bring their own water.

Physical barriers

Minimising occupants in the floating room at any one time by leaving 1 hour between customers and advising customers in email before appointment not to enter the building if they arrive early.